



Caring is Infinite

MPTF | Motion Picture & Television Fund
22388 Mulholland Drive
Woodland Hills, CA 91364
Toll-free | 855 740 MPTF (6783)
Email us at info@mptf.com

If you are in need and under 65, please call
our intake line at 323 634 3888. If you are
over 65 please call 323 634 3866.

Donor Relations | 818 876 1777
Social Services | 323 634 3888
Child Care | 310 445 8993
Elder Connection | 323 634 3866
Health Insurance | 833 777 3447
Palliative Care | 833 876 1739
Residential | 818 876 5552
Wellness Center | 818 876 1777
Veterans Assistance | 323 634 3866
Volunteering | 818 876 1915

MPTF.com

MPTF supports our
entertainment community
in living and aging well,
with dignity and purpose,
and in helping each
other in times of need.



Caring is Infinite





Geoffrey Colo, Producer, Marvel Entertainment, MPTF NextGen member, and Michelle Homerin, Manager Casting, ABC Studios, MPTF NextGen member

Ways to Participate

For 100 years, MPTF (Motion Picture and Television Fund) has helped people in the entertainment community navigate difficult times with compassion and care. There's never been a more important time to get involved.

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1921 TO 2021 - 100 YEARS AND BEYOND

[MPTF.com/100th-campaign](https://mptf.com/100th-campaign)

Help us achieve 100% participation.

WHY DOES IT MATTER?

MPTF provides a safety net of social services to people in the entertainment industry, including charitable financial assistance, case management to navigate difficult times, and residential living on its sprawling campus. From childcare through the entire spectrum of life, we take care of our own.

WHAT CAN YOU DO?

We're a tight-knit group, working in an industry like no other, and together we are strong. But it takes a village to make this thing we do a success. From the big studios to grassroots levels, we need you.

Please support MPTF financially, volunteer your time, encourage others to play their part, and help us stay active and healthy into the future. We're asking you to play your part with 100% participation for the future of MPTF.

DONATE

Your donation allows us to continue to fund the support we provide for the entertainment

community. Donate at a level that's meaningful for you and join us in taking care of our own.

VOLUNTEER

Your time and participation are critical for keeping all parts of our entertainment community healthy and vibrant. Regardless of the amount of time you have to give, we will find a great use for your participation. We offer over 100 ways to volunteer and for you to play your part. From calling on individuals who are socially isolated to delivering groceries to those who are food insecure, we specialize in good karma points of all kinds.

BE AN AMBASSADOR

Your advocacy for MPTF helps us spread the word and the heartfelt stories of our recipients of care. By signing up as an ambassador, you periodically receive a packet with social media posts, images, and engagement tools designed to help you easily rally your contacts for the cause.

100% PARTICIPATION

Please join us as we raise funds and excitement around this important cause. Let's sustain MPTF as a vital safety net we can count on for the next 100 years.

"We see a need, and we fill it."

— MARY PICKFORD

Visit mptf.com to make a donation or sign up to volunteer, and email info@mptf.com to become an ambassador and gain access to social media posts and tools you can use to help spread the word.

Tom Bergeron, Actor, and
Flora Huang, VP, Motion Picture
Planning at Paramount Pictures



Our 100th Campaign

Donations are the lifeblood of our support for the entertainment community. We offer a wide range of ways to contribute meaningfully, at whatever level you are able.



WAYS TO GIVE

[MPTF.com/ways-to-give](https://mptf.com/ways-to-give)

We all play our part.

HOW TO PLAY YOUR PART

For 100 years, donors like you have kept MPTF in a supporting role—providing vital charitable services and programs to the entertainment industry community and carrying on the legacy of taking care of our own.

Our safety net of services is a lifeline to countless individuals in crisis and offers help for veterans, palliative care, child care and so much more. Our retirement facility in Woodland Hills is a place to call home for senior industry members and allows them to age in place with dignity and purpose.

As we work to meet an ambitious but critically important **\$300M campaign goal**, your donation allows us to continue this valuable support. Please donate at a level that's meaningful for you and join us in taking care of our own.

HOW TO GIVE

- **100th Capital Campaign** Significant parts of the MPTF's Wasserman Campus are in need of renovation or rebuilding. To best serve the industry retirees of the future, the functionality and physical condition of the campus calls for improvements. MPTF has a new master plan to reimagine the campus, including a healthcare clinic and children's center. The target for this part

of the 100th campaign is \$100 million. There is a significant number of naming opportunities on this new campus for those industry members who want to be recognized in this way.

- **MPTF 100th Campaign** The second part of the 100th Campaign is focused on creating a financial reserve of \$200 million to sustain MPTF's campus and community programs for the foreseeable future. This is a must-do as the need for our services grows in our community and the costs of providing services escalate.
- **Annual Fund** The backbone of our organization, these funds cover essential operational costs and are applied to the greatest need. Options include tribute gifts, Payroll Pledge through your employer, gifts of stock, grants from Donor Advised Funds (DAF), vehicle donations, and giving through the Amazon Smile Foundation.
- **MPTF Giving Day** Your annual opportunity to show your support for MPTF and spread the word about our services and resources.
- **Planned Giving** Give through your estate in a variety of ways: make MPTF a beneficiary, include us in your will, or establish a charitable annuity to provide income to you and a gift to MPTF.
- **Donations** We are a 501(c)(3) charity, (Fed Tax ID 95-1652916). All contributions are tax-deductible under IRS code 170(b).

Our Development and Planned Giving teams can help you discover the right way to pay it forward. Email us at development@mptf.com or call **818 876 1925**.



Yvette Nicole Brown, Actor, and
Toni Vaz, Actor, NAACP Image
Awards Creator, MPTF Resident

Our Services

MPTF supports working and retired members of the entertainment community with a safety net of health and social services including temporary financial assistance, residential living, and referrals to community resources.



SERVICES OVERVIEW

MPTF.com

Our Services

Child Care

310 445 8993
For industry members with children ages 8 weeks to 6 years, *The Samuel Goldwyn Foundation Children's Center* in West Los Angeles, operated by *Bright Horizons*, is open 7am to 7pm.

Community Social Services

323 634 3888
MPTF provides temporary financial assistance, case management, information, and referrals to working-age industry members who are between jobs or are experiencing a period of disability.

Elder Connection

323 634 3866
For industry members 65+ or younger industry members caring for aging parents, *Elder Connection* social workers provide needs assessment, case management, counseling, information, and referrals.

Entertainment Health Insurance Solutions

833 777 3447
EHIS provides comprehensive health insurance counseling and enrollment support to California

residents of the entertainment community. For more information call or go to ehisca.com.

Palliative Care

818 876 1739
Industry members (and family members) diagnosed with serious illness can rely on the support of MPTF's award-winning interdisciplinary team to help improve their overall quality of life.

Residential

818 876 1552
The Wasserman Campus in Woodland Hills offers entertainment industry retirees a place to live in a vibrant independent and assisted living community.

Skilled Nursing

323 634 3866
MPTF offers long-term and memory care in a Medicare 5-star rated home-like environment on its Wasserman Campus.

Saban Center for Health and Wellness

818 876 1777
MPTF features a state-of-the-art fitness center and warm-water therapy pool (*Jodie Foster Aquatic*

Pavilion) on its Wasserman Campus.

The Samuel Goldwyn, Jr. Center for Behavioral Health

818 876 4140
Individuals 55+ seeking help in coping with mental health issues are eligible to receive care at this newly renovated center with private patient rooms and an interdisciplinary treatment approach.

Volunteer Programs

818 876 1915
Our volunteers who range in age from 13 to 96, support entertainment industry members with meaningful programs, classes, and workshops. Volunteers visit, shop, help as tech tutors, entertain, teach, make calls to reduce social isolation for Daily Call Sheet, and more.

Veterans Benefits Assistance

323 634 3866
We support industry members and parents of industry members who served in our nation's military to navigate complex VA pension and benefits.

If you are in need and **under 65**, please call our intake line at **323 634 3888**. If you are **over 65** or in need of food delivery, please **call 323 634 3866**.



Behavioral Health

Offering comprehensive, compassionate mental health services for adults 55 and older, in a secure and therapeutic environment designed to serve the whole person.



Therapeutic support with complete and total privacy.

COMPASSIONATE CARE FOR MENTAL HEALTH NEEDS

The Samuel Goldwyn, Jr. Center for Behavioral Health is housed in a contemporary facility featuring private patient rooms and outdoor recreational space on the sprawling Wasserman Campus in Woodland Hills.

We offer the highest quality, round-the-clock, care for residents in total privacy with a sunroof covered patio near a peaceful rose garden.

INPATIENT GERIATRIC SERVICES

The Samuel Goldwyn, Jr. Center for Behavioral Health has been designed aesthetically and functionally to meet the unique mental health-care needs of older adults, and is available to the community at large, as well as for the entertainment community. We provide inpatient services and treat such condition as:

- Anxiety
- Bipolar Disorder
- Dementia/Alzheimer's with behavioral disturbances
- Depression
- Schizophrenia
- PTSD
- Psychosis

"You are not your illness. You have an individual story to tell. You have a name, a history, a personality."

— JULIAN SEIFTER, PROFESSOR
HARVARD MEDICAL SCHOOL

DESIGNED FOR INDIVIDUAL NEEDS

The Center utilizes an individualized interdisciplinary approach, inviting patients and families to be integral contributors to each treatment plan. The staff partners with patients and families to rapidly relieve symptoms, optimize functional status, and develop after-care plans to continue the healing process. Recovery is facilitated by a dedicated team including a psychiatrist, internist, nursing staff, social worker, and recreation therapy staff to meet comprehensive individualized goals. Patients receive:

- Medical Consultation
- Daily Psychiatric Evaluation
- Group and Individual Therapy
- Case Management
- Recreational Therapy Services
- Spiritual Counseling
- Physical Therapy/Occupational Therapy
- Dietary Services

To find out more, call us at **818 876 4140** or contact **Dr. Dawn Lewis PhD, MSN, RN**, Director of Center for Behavioral Health, at **Dawn.Lewis@MPTF.com**.

Courteney Bailey, MPTF Chief Development Officer, with her daughter, **Blake**, who attends the Children's Center.

CHILD CARE

[MPTF.com/child-care](https://mptf.com/child-care)

The Samuel Goldwyn Foundation Children's Center is here for you.

FLEXIBLE CARE FOR BUSY INDUSTRY PARENTS

In a partnership between MPTF and Bright Horizons, the Samuel Goldwyn Foundation Children's Center helps those working in the entertainment industry meet the challenge of demanding work schedules. Early education professionals guide specialized programs for infants, toddlers, preschoolers, and kindergarten-age children. The Center provides a broad spectrum of programs to explore in a structured yet gentle environment. The generosity of the Goldwyn family who enabled its founding has made the Center a key resource for the entertainment industry.

A LEARNING ENVIRONMENT

Children aged eight weeks through six years are eligible for enrollment in the Center, which is open from 7am to 7pm. The Center embraces the philosophy that children learn through play and hands-on participation in a responsive, nurturing environment that meets the



The children are not only our future, they are our present. And for working moms and dads in the industry, this support is essential to our entertainment industry family.

developmental needs of infants and young children.

- All children receive yoga and music classes twice a month
- An active parent group fundraises to provide additional enrichment experiences
- Kindergarten 101 and other parent education classes are offered

CAREGIVERS WHO CARE

Child-to-teacher ratios follow the guidance of our accrediting body, the National Association for the Education of Young Children, and vary age group to age group. The current staff has been with the Center for up to 20 years, with an average of 10 years—well above the norm.

“I have very few options. There’s no option for me to stay at home.”

— MICHELLE LEE, STUNTWOMAN

Child Care

The Samuel Goldwyn Foundation Children's Center provides a learning environment filled with nurturing care, designed specifically for entertainment industry parents.

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To find out more, call us toll free at **855 760 MPTF (6783)**, call the Children's Center at **310 445 8993**, or contact **Kae Connors**, Director, at **Kae.Connors@MPTF.com**.

Cate Adams, NextGen Co-Chair,
VP, Production, Warner Bros.

HEALTH INSURANCE

MPTF.com/health-insurance

The future is brighter when there's insurance.

THE BEST SOLUTIONS FOR YOUR NEEDS

Entertainment Health Insurance Solutions (EHIS), a joint program of MPTF and The Actors Fund, offers California residents in the entertainment and performing arts community personalized counseling and enrollment support to ensure that each person understands and purchases the best plan to fit their individual and family needs.

The nature of the entertainment industry is often transient and unpredictable. For gig-workers, independent contractors, and anyone in the industry, health insurance is a complicated labyrinth of constantly shifting options. You're in good hands with our deeply knowledgeable team guiding you.

WE ARE YOUR ADVOCATE

Our programs are always adapting to the shifting landscape of health care options. We

are singularly focused on keeping members of our entertainment community healthy and capable of pursuing their chosen careers. Our experienced staff of licensed agents provides unbiased, comprehensive health insurance counseling. EHIS identifies coverage options and helps members of the entertainment and performing arts community enroll in them. Covered California Certified Insurance Agents; CA Insurance License (0M72678)

A WEALTH OF RESOURCES

- Consultations in person and/or by phone
- Competitive health insurance options and enrollment assistance in medical, dental, vision, and travel health insurance plans
- Group, individual, family, and senior options
- Alternatives to COBRA
- Enrollment in Medi-Cal, Covered California plans, Child Health Insurance Program, Medicare, and Medicare products
- Educational seminars on insurance options, including Affordable Care Act plans, Medi-Cal, and Medicare
- Community outreach through participation in health fairs, conferences, and local events
- Advocacy for legislative changes to make insurance more user-friendly and affordable
- Online educational resources and materials with information and practical tips

“When you're young, fit, and full of drive, it's easy to think that ‘it will never happen to me.’ But this is the myth of invincibility.”

— DBS BANK

Health Insurance

Getting health insurance or finding quality medical care can be confusing and time consuming for anyone who isn't covered by an employer or union health plan. We're here to help.

MPTF | **ICF**
Caring is Infinite

A partnership program with
The Actors Fund,
for everyone
in entertainment.

For more info, visit ehisca.com,
call **833 777 3447**, or email
HealthInsurance@MPTF.com.



Palliative Care

Our nationally recognized, award-winning program for the care and support of persons with serious, chronic, and life-threatening conditions at any stage.



We help people cope with life's greatest challenges.

WHAT IS PALLIATIVE CARE AND HOW CAN IT HELP?

As opposed to hospice care, which comes at the end of life, palliative care can come into play at any stage of an illness, with a team of specially trained physicians, nurses, social workers, chaplains and other professionals offering care, comfort, and support to patients and their families. The focus is on the whole person, not just the diagnosis. Efforts are toward enhancing quality of life by managing pain and stress as well as helping patients face the risks and burdens of their illness and treatment choices.

OUR APPROACH

Nationally recognized, MPTF's award-winning Palliative Care program has served thousands of industry members over the years. Over 70% of our patients live in the community, and the rest live on our Wasserman Campus

"It's not just about being able to wake up the next morning. It's also about having a reason to. We're here to focus on that reason."

— LINDA HEALY, DIRECTOR
PALLIATIVE CARE & GERIATRIC SERVICES

in Woodland Hills. Our Palliative Care clients are visited by our team in designated skilled nursing facilities, in their homes on the Wasserman campus, and in collaboration with UCLA, in the outpatient clinic setting. Virtual visits by the MPTF Palliative Care nurse practitioner, Chaplain, and social worker are also available via the phone or video. When needed, we also help industry members find quality palliative care closer to where they live.

CARING FOR PATIENTS AND FAMILIES

- **Interdisciplinary Team** Assists clients to enhance relief and manage social, emotional, spiritual symptoms associated with their medical condition and treatment they are receiving.
- **Assessments** For depression, anxiety and other issues related to diagnoses and for financial need, we facilitate assistance.
- **Supportive Counseling** Assists clients and their families to process changes that a serious diagnosis has brought to their lives.
- **Community Resource** Caregiving, placements, home health, hospice, support groups, therapists, durable medical equipment, legal, transportation, food delivery programs.
- **Caregiver Support** Education, support and referrals to caregivers. Provide bereavement support to family members and friends.

To find out more, call us toll free at **818 876 1739** or contact **Linda Healy**, Director of Palliative Care & Geriatric Services, at Linda.Healy@MPTF.com.



Brian Toombs, VP, Digital Content, Funny Or Die, and Harry Northup, Actor and MPTF Resident

Social Connectivity

Offer your time to listen, share, and connect with the **Daily Call Sheet**—a solution for those who may be seeking connections and a way to give back to the industry you love.



SOCIAL CONNECTIVITY

[MPTF.com/social-connectivity](https://mptf.com/social-connectivity)

For a community built on connections.

RECEIVE A CALL, MAKE A CALL

Are you interested in connecting with fellow industry members? Or perhaps you have a loved one who may benefit from additional social connections to brighten their day?

Our social connectivity program, **Daily Call Sheet**, is a fun, flexible, and easy way to give back to the entertainment community and industry you love. Volunteers make calls from anywhere—their home, work, even from their car. Recipients share a connection to the entertainment industry for an immediate rapport around a mutual shared experience.

- Talk and build a relationship with someone who shares your interest
- Reminisce with interested industry members
- Increased sense of purpose
- Both volunteer and call recipient benefit (People who volunteer have a 70% decrease in depression)
- Flexible time and place
- Volunteer ages range from 20s-90s
- 600+ industry members have participated

A GROWING EPIDEMIC

Social relationships have as much impact on physical health as blood pressure, physical activity, and obesity. Those with meaningful

“It’s so nice to have someone to talk to on the phone. A verbal hug is what these calls are to me...”

— FEMALE, RECIPIENT, 95

social lives tend to live five years longer than those who don’t have a good social network. But for those going through life changes, such as retirement, or giving up a driver’s license, or even caregiving responsibilities, keeping up with social connections can be especially challenging.

Mounting evidence suggest social isolation and loneliness is growing rapidly. Currently it impacts more than 8 million people, or one in three older adults, and is associated with medical issues including depression and earlier onset of dementia, according to AARP.

IT WORKS

Daily Call Sheet volunteers have made thousands of calls to industry members and provided thousands of hours of social conversations. We’ve had success with even the hardest to reach clients. Social calls truly can be a lifesaving intervention.

To find out more, call us toll free at **818 876 1190** or contact **Maureen Feldman**, Director, Social Isolation Impact Project, at Maureen.Feldman@MPTF.com.



Dina Kuperstock,
MPTF Chaplain

Spiritual Care

We provide soulful focus and guidance with support of all spiritual and religious traditions through extensive resources to fit the preferences and needs of the entire MPTF community.



SPIRITUAL CARE

[MPTF.com/spiritual-care](https://mptf.com/spiritual-care)

Spiritual support for life.

Rabbi Arthur Rosenberg, our Leonard Nimoy Palliative Care chaplain, and Chaplain Dina Kuperstock provide spiritual guidance for our campus residents day-to-day and in times of need, including 24-hour access to our chapel.

Entertainment industry members know all about the importance of story, and our spiritual care services are here to help residents and their families continue to weave meaning and connection into the stories of their lives. We also provide spiritual support to industry members off-campus through our Palliative Care program.

SPIRITUAL CARE SERVICES OFFERED

- Individual and Family Pastoral Counseling
- Religious Services in our multi-faith chapel
- Holiday Celebrations
- Local Ministry Partnerships
- Lifecycle Rituals
- Trips to Houses of Worship and Sacred Sites
- Spiritual Enriching Practices including Meditation, Yoga, Tai Chi, and Urban Zen Integrative Therapy

“We welcome people of all backgrounds and faiths.”

— CHAPLAIN DINA KUPERSTOCK

SOULFUL FOCUS AND GUIDANCE

Over the years, we have held special farewell processions honoring residents who have made MPTF such a unique place, as well as funerals, memorials, and “Remembering Our Own” events celebrating the lives of those who touched us all. We have also held wedding ceremonies for residents who met and wanted to tie the knot right here on the Wasserman Campus. Residents have also enjoyed outings to sacred spaces from various traditions, allowing opportunities to experience the spiritual world in new and fulfilling ways.

Our spiritual care team also works in tandem with our Palliative Care services for guidance through major, life-changing illnesses, and we offer Advanced Care Planning to help make the decisions about healthcare options during a medical crisis. Ministry volunteers also help lead religious services and singalongs.

Please visit [MPTF.com/spiritual-care](https://mptf.com/spiritual-care) for more information.
To reach out to one of our chaplains directly, please email Arthur.Rosenberg@MPTF.com or Dina.Kuperstock@MPTF.com.



Dr. Makhijani, Geriatrician,
and Brett Hadley, Actor
and MPTF Resident

A healthy commitment.

THE MOST ADVANCED MEDICAL CARE
MPTF and UCLA Health working together means the doctors you've counted on for years can now also offer you the resources of UCLA Health for specialty care and inpatient services.

As part of UCLA Health, your doctors and staff can put this world-changing medicine and research to work for you. For more than half a century, UCLA Health has provided the best in healthcare and the latest in medical discovery for patients. UCLA Health is the #1 rated health-care system in the West and #3 in the nation.

SIX UCLA HEALTH LOCATIONS

- Calabasas Health Center
- Westside Health Center
- Toluca Lake Health Center
- Santa Clarita Health Center
- Bob Hope Health Center
- Age Well Program in Woodland Hills

UCLA Health also offers outpatient physical therapy and rehabilitation services with similarly convenient locations all over Los Angeles. As part of the entertainment industry, you can enjoy custom-tailored benefits including extended hours and weekend and holiday appointments at our health centers.

"With UCLA Health, you'll have access to hospitals and health care services rated best in the West for 26 consecutive years. UCLA Health is now #3 in the nation as ranked by U.S. News and World Report."

— UCLA HEALTH

WELLNESS AND AGE WELL PROGRAM

UCLA Health offers a Wellness Program (100% covered for Motion Picture Industry pension and Health Plan members) featuring education in CPR and first aid to lifestyle enhancement programs on nutrition and stress management. You'll emerge with a healthier outlook and new skills to reduce stress and anxiety.

If you have benefits through another guild or employer, you are still welcome to participate for a nominal fee. Our Age Well program, a pathway to health for older people, offers comprehensive assessment, care coordination, and ongoing support for seniors in their own homes.

Health Centers

UCLA Health operates six MPTF health care centers in Los Angeles which are exclusive to entertainment industry members and conveniently located near studios and other industry locations.

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For additional information and hours of operation or to make an appointment, please call us at **800 876 8320** or visit our website at uclahealth.org/mptf.

Naomi Rodda, Director, Home & Community-Based Services at MPTF and Vince Mata, First Assistant Camera, Business Representative for Local 600 and Vietnam Veteran



Veterans Assistance

If you're a veteran and member of the entertainment industry, we're here for you—to help understand and secure the rightful pension benefits you are due.



VETERANS ASSISTANCE

MPTF.com/veterans-assistance

Help in accessing the benefits you've earned.

MPTF CAN HELP

If you are a veteran, the surviving spouse of a veteran, or an industry member with parents who served, we are here to help.

Many veterans and surviving spouses are not aware of their full array of benefits. Many others have attempted to apply on their own, only to experience years of denials from the Veterans Administration. We are here to help.

WHAT WE DO

MPTF conducts screenings for military veterans and their surviving spouses to determine whether they will qualify for pension benefits now or in the future. In 2021, we screened 872 veterans and surviving spouses, recovering \$291,341.90 in retroactive benefits and \$24,272.08 in ongoing benefits. Initial screenings take only 10-15 minutes, and the results can be life changing.

“The core of our program is to help screen for benefits that could make our veterans’ lives better.”

— NAOMI RODDA, LCSW
DIRECTOR, HOME & COMMUNITY-BASED SERVICES



Pictured: **Don Alberti**, MPTF Resident and Korean War vet, and **Ronald Gomez**, MPTF Veterans Benefits Specialist and Army Veteran. Veterans assist veterans to help encourage successful outcomes for each claim.

NO VETERAN SHOULD HAVE TO STRUGGLE FINANCIALLY

Benefit awards can be related to service-related injuries or illnesses, including mental health conditions, or increasing care needs if a qualified veteran or surviving spouse should become physically frail or cognitively impaired. Our Veterans Benefits Assistance Program is dedicated to maximizing outcomes by handling the claims application paperwork and navigating bureaucratic obstacles from start to finish. We help ease the burden on the service member or surviving spouse, who has already sacrificed so much to preserve our freedoms. We thank all veterans for their service to our country.

To find out more, call us toll free at **323 634 3866** or contact **Naomi Rodda**, LCSW, Director, Home & Community-Based Services at Naomi.Rodda@MPTF.com.

Tom Bergeron, Actor, and
Flora Huang, VP, Motion Picture
Planning at Paramount Pictures

WELLNESS CENTER

MPTF.com/wellness-center

Keep fit, stay well, and enjoy healthy exercise.

AN OASIS OF GOOD HEALTH

Located in Woodland Hills on MPTF's Wasserman Campus, The Saban Center for Health and Wellness is an oasis of good health featuring the Jodie Foster Aquatic Pavilion, a warm water pool for aquatic therapy and exercise, and a high-tech gym, with fitness trainers to assist, educational seminars, and exercise classes. The Saban Center is also a social mecca where working and retired industry members form connections, rekindled and new, that only those sharing common ground in this unique industry can create. Additionally, The Saban Center includes access to health educators and UCLA physical and aquatic therapy experts.

STAYING WELL

Our evidence-based classes and other community programs, including walking groups, are a big part of staying well. Research shows that if people are isolated, they are at greatest risk of earlier death and frequent hospitalizations. We offer many opportunities to stay engaged

with fellow members of the industry through a range of MPTF community programs and lifelong learning in the Burbank, Toluca Lake, Hollywood, and West LA neighborhoods.

THE RIGHT TOOLS FOR THE JOB

The fitness floor at the Saban Center features state-of-the-art exercise equipment for all types of fitness goals.

- Computerized and personalized
- Develop a safe, guided and effective workout plan that uses accountability and personalized feedback to keep users motivated
- Trainers on hand to help guide workouts and teach users about equipment use

JODIE FOSTER AQUATIC PAVILION

Aquatic physical therapy is revered as a low-stress, low-risk method of rehabilitation from injury, and is rapidly catching on as a preferred method of exercise, especially for those with physical challenges like arthritis or fragility due to previous injury. The Jodie Foster Aquatic Pavilion at the Saban Center offers a warm water pool with a variety of aquatic exercise, aquatic personal training, and classes for adults with varying degrees of physical ability.

“Do not let what you cannot do
interfere with what you can do.”

— JOHN WOODEN

Wellness Center

The Saban Center for Health and Wellness includes the state-of-the-art Jodie Foster Aquatic Pavilion with an expansive fitness area for physical therapy and staying in shape.

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To find out more, call us at **818 876 1777** or
contact **Diana Byrne**, Manager, Health & Wellness
at **Diana.Byrne@MPTF.com**.



Allegra Leedom, MPTF Video Editor,
and Hans Beimler, MPTF Resident

MPTF Studios

MPTF residents, volunteers, and supporters all play their part creating original content all year round with our in-house production studio that fosters creativity, generosity, and teamwork.



MPTF STUDIOS

[MPTF.com/mptf-studios](https://mptf.com/mptf-studios)

Creativity is ageless.

THE SHOW GOES ON

With MPTF residents comprised of all walks of the entertainment industry, the need to work together and to keep learning the craft remains strong, in front of and behind the camera. Located in the heart of our campus, MPTF Studios has evolved from the creation of our in-house television station which produces and airs original content, movies, and TV shows to a more robust presence for our audiences on and off campus.

A DREAM COME TRUE

The idea began in 2002 when Oscar-nominated screenwriter-director Mel Shavelson believed that MPTF residents wanted to keep working on productions in the safety and security of their own home. Now residents, staff, and volunteers work shoulder to shoulder bringing new content to the screen every week. Honored with the Eisner Prize for Intergenerational Programs, MPTF Studios

“Everybody keeps learning. Everyone is working together to make a vision come to life.”

— JENNIFER CLYMER, DIRECTOR
MPTF STUDIOS

adapts and thrives as our residents find creative fulfillment and purpose while collaborating with peers and volunteers of all ages.

SOMETHING FOR EVERYONE

- **Creative Chaos** Broadcast live four days a week for over 20+ hours of content, this live show brings together residents and friends of MPTF through virtual technology for a wide variety of programming including interactive resident topics, talk shows, sketch comedy with celebrity guests, guided meditations, screenings, and so much more.
- **Instant Film Festival** Once a year we unite residents and volunteers who conceive, shoot, edit, screen, and compete with their own short films over the course of a single day. And the results are amazing.
- **Original Programming** Content produced by MPTF Studios is made possible in part by generous donors including Robert Downey Jr. & Susan Downey and Dell Technologies, with supporters including the Hollywood Foreign Press Association, Manhattan Beach Studios, and Adobe.

BE A STAR

You can play a part by donating your time and creativity, or by donating equipment and other much needed resources.

To find out more, call us at **818 876 6388** or contact **Jennifer Clymer**, Director, MPTF Studios, at Jennifer.Clymer@MPTF.com.

Help with the unique challenges of aging

MPTF's Elder Connection program provides comprehensive social services to qualified industry members age 65 and older as well as parents of qualified industry members. MPTF employs masters level social workers who provide case management, supportive counseling, and information and referrals to individuals who live in Southern California and wish to age in place. Additional services may be provided to qualified industry members who live in other parts of the United States.



"I had a lot on my plate professionally as well as worrying about my mother, and MPTF literally changed my mom's life—multiple times."

— MARION DOLE,
DAUGHTER OF AN ELDER CONNECTION CLIENT

CAN ELDER CONNECTION HELP YOU?

This service of the MPTF Social Services Department can assist you or your loved one as our social workers provide education, consultation, and referrals to community resources and services for older adults. It is provided by MPTF free-of-charge. We can help with a wide range of areas, from staying healthy and retirement planning to decisions

about advanced care planning, housing safety, driving and other forms of transportation, getting on the waitlist for MPTF residency, caring for a parent or spouse, and much more. Even if you don't know where to begin the conversation, you can come to us.

DO I QUALIFY FOR ELDER CONNECTION?

To qualify for these services, you must be:

- Aged 65+ and interested in exploring long-term planning and other MPTF services with one of our social workers.
- Caring for aging parents and looking for guidance in navigating benefits, medical care, finances, future living arrangements, and other important resources.

Elder Connection

Are you concerned about aging or taking care of a loved one? Take comfort in knowing that the MPTF Elder Connection program is here to help.

MPTF | IGO
Caring is Infinite

For more information about the Elder Connection program or other MPTF programs for individuals age 65 and older, please contact our intake line at **323 634 3866**.

MPTF | IGO
MOTION PICTURE & TELEVISION FUND
Caring is Infinite

Michelle Homerin, Manager Casting,
ABC Studios, MPTF NextGen member



NextGen

NextGen is a group of future focussed individuals who realize we all play our part in supporting our community. We are dedicated to raising awareness and creating impact for MPTF and the entertainment industry that it serves.

MPTF | 
Caring is Infinite

NEXTGEN MEMBERSHIP

[MPTF.com/nextgen](https://mptf.com/nextgen)

Join NextGen.

WHO WE ARE

MPTF NextGen is a diverse group of talented individuals representing the many aspects of film and television in Hollywood who come together to make our industry a better place.

As an up and coming part of the industry, we hope you will help us in taking care of each other in times of need. We are a community with the passion to create and the heart to give.

WHAT WE DO

As a group we: meet for networking mixers with peers in the industry; create ways to engage industry professionals; participate in fundraising activities; learn from fascinating stories of founders in the business; and rally our friends, meet new ones, and lead the future by serving as ambassadors for MPTF.

ADVOCATE

We recognize the need to share the work that MPTF does year after year. We tell the stories of our industry's engine: the people who have worked above- and below-the-line to entertain the world.

EDUCATE

We are on the front lines with talent, crew, and all industry professionals to share that

“The past cannot be changed.
The future is yet in your power.”

— MARY PICKFORD, MPTF FOUNDER

for 100 years, MPTF has taken care of our own, and NextGen is the team that will lay the groundwork for the next 100. Whether through providing housing, insurance, childcare, social services, or other needs, MPTF is there for our community.

INSPIRE

Through our service we seek to inspire those around us to volunteer, donate, or be an ambassador. Just as the leaders of Hollywood paved the way for us, we seek to bring the next generation of Hollywood to 100% participation.

JOIN US

There's no better time to help those in need while making lasting connections in the industry. For a nominal annual fee, enjoy virtual networking mixers and events with such luminaries of industry as Jim Gianopulos, *Paramount Pictures*' Chairman and CEO, and Betsy Beers of *Shondaland* fame. You'll also receive great perks from our corporate sponsors, too.

Please visit [MPTF.com/nextgen](https://mptf.com/nextgen) for more information on the perks of membership and to join our mission, or email NextGen@mptf.com.

Peter Dunne, Producer,
Writer, MPTF Volunteer,
and Victoria Bullock, Actor,
Producer, Writer,
MPTF Volunteer



Volunteering

Bring the Joy! For 100 years, MPTF has been the safety net for the entertainment community with volunteers from 14 to 114 providing compassion and assistance.

MPTF | 
Caring is Infinite

VOLUNTEERING

[MPTF.com/volunteering](https://mptf.com/volunteering)

Helping others helps us all.

GIVING BACK FEELS GREAT

Practicing acts of kindness improves well-being. It's a fact. Make volunteering your moment of Zen.

IMPROVE A LIFE TODAY

Purpose works both ways. You give, you get. Becoming involved in our nationally recognized volunteer program puts you in great company.

BE ENGAGED

We make it easy. Whether you're an individual or a group, we will help you find your passion. It's all about the right connection.

PROGRAM OF DISTINCTION

We're honored to receive a *Generations United* Program of Distinction for our exemplary intergenerational volunteer program.

A WIDE RANGE OF OPPORTUNITIES FOR A WIDE RANGE OF PEOPLE

MPTF's Volunteer program offers a variety of ways that best suits your area of interest and availability in-person and virtually.

- **Campus Volunteers** are the heart and soul of campus life by enriching the quality of activities and programs.
- **Friendly Visitors** provide conversation and companionship on campus and in the community.

- **MPTF Studios** brings volunteers and residents together to work on original content and productions virtually and at our in-house studio.
- **Fitness and Pool Buddies** give encouragement and assistance with exercise at the Saban Center for Health and Wellness.
- **Junior Volunteers** contribute to daily life on campus. Open to students between the ages of 14 and 18.
- **Shoppers and Grocery Delivery** are two programs that provide help and smiles to industry members.
- **Administrative and Mail Delivery Volunteers** are critical for daily operations.
- **Daily Call Sheet** and **Care Calls** are social and check-in calls that help to reduce social isolation.
- **Angel Cards** brighten birthdays and holidays with handwritten greeting cards.
- **Tech Tutors** help bridge the digital divide by providing assistance with email and devices.
- **Day of Service** invites your company to craft an activity or event to benefit our residents, clients, and your team.

"You may have a fresh start any moment you choose."

— MARY PICKFORD

To volunteer and learn about new and seasonal opportunities, visit **[MPTF.com/volunteering](https://mptf.com/volunteering)**. Please join us in taking good care of our own.